



The newsletter of The Enfield Society

Spurs' planning applications

Just after the publication of our last Newsletter in mid August, we were told that Spurs had submitted another planning application to the Council for the construction of a football training centre on Green Belt land at Bulls Cross. It was then a month later before we discovered that Spurs had withdrawn their appeal against the Council's refusal to grant permission for last year's planning application; the public inquiry on this appeal had been due to start on 20th November.

The new application, the third one to date, includes the land currently occupied by the Whitewebbs Sports Centre. The intention is to demolish the pavilion, other buildings and car park on that site, which is to be commended, and most of that land will become Academy football pitches. There are a number of other changes but the size of the Academy/Training Facility building remains unaltered with a total floorspace of 127,018 sq. ft (11,800m²) on a footprint which is 425% greater than the sum of the footprints of all the buildings which would be demolished. The plan is still to construct this very large building, with its two car parks, 1.5 full size floodlit synthetic football pitches and a substantial groundsman's store on the 27 acre agricultural field which is within the historic Forty Hall Estate.

As this Estate was bought by the Council in 1951 for the benefit of Enfield's residents, we cannot agree that Spurs should be allowed to build their facility on this sensitive site. Tottenham Hotspur Football Club is a private commercial

What's there now?



Local football and bowls clubs, a venue for matches ...



tennis courts, ...



... such as this one, on 21st October 2007,



... a bowling green, a cricket ground ...



... and an open field

company, and the present Council should not have offered them a 75 year lease on this public land, no matter how desperate the need for Spurs to improve their own training and Academy facilities.

A special Planning Panel meeting was held on 11th October to discuss the new proposals and it was clear that by far the majority of the members of the public attending was strongly opposed to them

The date of the Planning Committee meeting to decide the fate of this latest application is 12th November, just a few days before this Newsletter reaches its very wide audience. In the run-up to that date we will be continuing our campaign of total opposition.

Colin Pointer

Situation vacant Secretary to the Society

We are still without a company secretary and we need to fill this important post. Some organisational skills are required but experience in the field is not essential and the time commitment is very modest. For further information please contact Colin Pointer (020 8366 2406).

Street lighting

No firm decision appears to have been reached yet on the exact design of the tall, retro style posts along the “principal roads”, nor on the choice of columns and lanterns for use in conservation areas such as Winchmore Hill Green. There has been another tranche of illuminated lamp post advert applications and we learn that these were agreed in principle as part of the PFI (public finance initiative) scheme. I do not recall this ever being mentioned at the public consultation meetings held at the outset of the scheme.

Highlands Conservation Area

There is a proposal to introduce another block of flats in the centre of the Highlands Village on what we understood to be an open amenity area as part of the approved layout. The land had been left derelict despite requests on our part for it to be landscaped as agreed. The existence of a rectangular outline of a building on earlier maps of the hospital has been used as grounds for suggesting there was another pavilion on the site, but to us it looks much more like some sort of infill hut. The Society has objected strenuously.

Chris Jephcott

Green belts - some quotations from guidance documents

“... the quality of the landscape is not relevant to the inclusion of land within a Green Belt or to its continued protection.” “...detailed Green Belt boundaries defined in adopted local plans or earlier approved development plans should be altered only exceptionally.” “Essential facilities ... should be genuinely required for uses of land which preserve the openness of the Green Belt and do not conflict with the purposes of including land in it. Possible examples of such facilities include small changing rooms or unobtrusive spectator accommodation for outdoor sport...”

Planning Policy Guidance 2: Green belts
<<http://www.communities.gov.uk/documents/planningandbuilding/pdf/155499>>

“No development to be permitted on agricultural land or in areas of landscape value or special character other than development strictly required for agriculture, forestry or recreation”. “No development to be permitted on land used or still capable of being used for private or public recreational purposes other than small scale buildings essential for the management or enjoyment of those facilities.” “The recreational opportunity or facility should not: ... require the erection of obtrusive protective fencing, lighting and recreational furniture out of keeping with the visual appearance of an agricultural landscape”.

Enfield's Unitary Development Plan, appendix A1.

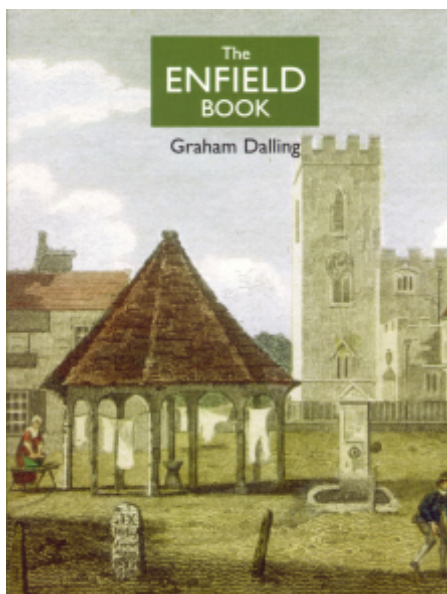


14 Bush Hill

This is yet another example of a building threatened with demolition that is attractive and in a nice setting, but not in a conservation area or on the statutory list and so not protected in any way. The stylish small red brick house at the bottom of Bush Hill was built in 1874 as the lodge of the long demolished house Riverside, which was actually on the banks of the New River. The architect was Thomas Tayler Smith, who was also involved with the original Bush Hill

Park Estate. The house is surrounded by fine trees including a magnificent large oak just to the rear in Amwell Close and borders the small green in front of Riverdell Court. There is an outline application, which appears to show several units along the small garden, but no detail at all. We have objected on the grounds of likely excessive and inappropriate density and suggested the house be added to the local list, though unfortunately this would still not prevent its demolition.

Chris Jephcott



New book

Graham Dalling, Enfield's Local History Officer has just published his third book and copies will be on sale at Jubilee Hall. The cost is £14.50 but if you would like a copy sent by post please add £2 towards p. & p. The book is in A-Z format and relates the history of Enfield, both ancient and modern, from a sleepy small town to a busy London suburb. Graham has generously offered the royalties from sales of this publication to The Enfield Society.

The Enfield book / Graham Dalling. – London : Historical Publications, 2007. – 120p. ; 25cm. – ISBN 978-1-905286-20-1 : £14.50.

Diary dates

Until 21st December

The Spirit of Hornsey 1882 to 2007.

An exhibition tracing the history of Hornsey College of Art from a small private art school for enthusiastic amateurs to a leading art college, now part of Middlesex University. The exhibition is open Monday to Thursday from 9 am to 7 pm and Fridays 9 am to 5 pm. Closed weekends. It is located in the library (Peter Green Building) of the Middlesex University campus at Cat Hill.

Until 24th February 2008

The suburban landscape – 200 years of gardens and gardening.

An exhibition at the Museum of Domestic Design and Architecture, Cat Hill. Open Tuesday to Saturday 10am to 5pm, Sunday 2 to 5pm. Admission free.

Sunday 25th November

9 mile circular walk via some of Enfield's finest parks and open spaces. Start at 10 am from Pymmes Park Visitor Centre*

Sunday 16th December

Walk from Town Park to Forty Hall. 10am to 2.30 pm from Town Park Cecil Road entrance.*

Sunday 20 January

Walk the Pymmes Brook Trail to Trent Park (10 miles). 10 am to 3 pm from Edmonton Lee Valley Cinema*

Wednesday 20th February

7.30 for 8 p.m. Joint meeting with Edmonton Hundred Historical Society, at Charity School Hall, 24 Church Street, Edmonton. Gary Boudier, author of the recent book on the ***North Middlesex Hospital***, will talk about and answer questions on the history of the hospital.

Sunday 24th February

Walk from Albany Park to Chingford on the LOOP (4 miles). 10 am to 2 pm, from Albany Swimming Pool car park.*

** Walks marked with an asterisk are arranged by Enfield Council's Parks Outreach Team. More information may be obtained from their leaflets in libraries, by email from alan.mitellas@enfield.gov.uk, or by telephone to 020 8441 8272 or 020 8449 2459.*

Town show

The warm sunny weather for the annual Autumn Show in the Town Park, Enfield, ensured a good attendance and the Enfield Society stall was busy throughout the two days. Our display had been updated to include the change of name, and it attracted many viewers. 27 new members were recruited and many of the new membership application forms given out. More than a third of the sales revenue of £308 was for Christmas cards. There was varied entertainment in the arena, a variety of food stalls and live music in the performance area.

Monica Smith



Lancaster Art Centre

We were very sorry to learn that the Lancaster Art Centre will be closing at Christmas, as the Society has had a long association with it. It has provided an outlet for the sale of our Christmas cards and postcards in North Enfield and has also sold many books, maps and other publications. When Derrick Stone offered a painting in our Diamond Jubilee Year, it was to the Lancaster Art Centre we turned to arrange the reproduction and mounting of the limited edition of 500 copies.

May I, on behalf of the Enfield Society, wish Mrs Eileen Radden a happy and well deserved retirement with our thanks for her help and cooperation over many years.

Monica Smith

Edmonton

Edmonton Group

Details of the joint meeting with members of EHHS on the History of the North Middlesex Hospital on 20th February are given in Diary Dates. All members are welcome.

It was a very wet day for the working party in Jubilee Park on 19th August, but a small group

cleared Japanese knotweed while others built a "loggers" for stag beetles, Britain's largest terrestrial beetle and a globally threatened species.



Monica Smith

The two faces of Trent Park

We understand that Trent Country Park is looking to regain its Green Flag status. But much work needs to be done to bring it up to the standard of only a few years ago.



In Shaw's Wood the ideal scene of the ancient hornbeam against sunlit foliage . . .

. . . contrasts with the reality not far away of the untidy mountain biking obstacle track, which seems to have acquired an abandoned wheelbarrow from somewhere.



The footpath from Bramley Road up to the wood also needs some TLC. Alongside the Trent Park Riding Stables the hedgerow is always full of dumped litter and one has to hurry to get away from the stench from the polluted ditch.

The footbridge lower down, missing for more than two years, means that walkers have to pick their way through the mud along the edge of the riding trail.

Chris Jephcott



The President's column



Members have responded magnificently to our appeal for the THFC Fighting Fund. Preparations for our representation at the forthcoming Planning Inquiry were well advanced when Spurs put in a modified application and then, later, withdrew their appeal, but only after we had incurred further costs. As Colin writes, whilst there are some improvements at the margin, the main weakness remains, namely the overlarge First Team/Academy building, with external lighting and artificial pitches, right at the heart of the very special but vulnerable area of countryside immediately to the north of Forty Hall Park. The inclusion of the Whitewebbs Sports Field mitigates some visual problems, but now threatens the local

community with the loss of football pitches, tennis courts and a bowling green, as well as the social use of the club building. At the Planning Panel last week no member of the public spoke in favour. The application will be decided at the 12th November Planning Committee.

As I have written before, our terms of reference do not cover taking a view on the proposed changes to the provision of health services at Chase Farm Hospital *per se*. But it is very relevant when it is proposed to cover a large section of the site with housing, evidently of the same dismal quality as the two developments already under construction there. The Society therefore made a strong representation at the Public Inquiry

following refusal of outline planning permission. We made the point that it was totally wrong to change the use of this land, when so much of the health service estate in Enfield has already been sold off with, it seems, no lasting benefit to the service, before a decision on the future services to be provided has been reached. Following Lord Darzi's admirable report and recommendations for the future of the Health Service in London, the land could well be the site of a polyclinic. After four days the Inquiry was abruptly interrupted, to reconvene in January, when the position may be clearer.

Chris Jephcott

The Enfield Society

Free book for members: some copies still available

Fighting for the future, the story of EPS's first sixty years and a social history of Enfield, was written by Valerie Carter and published to celebrate our Diamond Jubilee. It was awarded the top prize by the London Forum of Amenity and Civic Societies in its Media Awards competition.

The Management Committee has now agreed to offer remaining copies, free of charge, to any members who would like one. You can collect a copy from the Sales Table at Jubilee Hall or one can be posted to you on receipt of £2.50 to cover post and packing. Please do not forget to include your name and address with your cheque to TES (Publications) at Jubilee Hall. (Several members omitted to complete this section of the order form sent with the last newsletter so some research was necessary!)

Monica Smith

Trees Group

On 4th September a small but select group had a very informative and interesting meeting with Council Officials Andy Robinson, Highways Trees Officer and Andy Dodkins, Section Manager Redevelopment and Environmental Works. Our wide ranging discussion helped gain a greater understanding of the complexities of looking after the Borough's tree stock. We were pleased to learn that capital funding for the planting of 600-700 street trees this year has been earmarked. The planting contract will specify watering and replacement if the trees fail, which is a big advance on the previous situation. Not so welcome is the fact that, following the retirement of Amanda Taylor, the Planning Department currently does not have anyone on its staff with arboricultural knowledge to advise on the increasing number of applications involving protected trees. Barnet has two such officers. We understand the Department is looking at its staffing and hope that this serious lack will soon be put right.

The next meeting of the Trees Group, to decide on future arrangements, has been arranged for Thursday, November 28th at 7 pm at Jubilee Hall.

Chris Jephcott

Sales table

Red T-shirts are now available and the photo on page 3 shows helpers at the Autumn Show wearing them. The badge is smaller than the previous design and the word "cares" has been omitted. The cost is £5 and they are available in two sizes, medium and large.

Badges for The Enfield Society will be on sale shortly. The design is unchanged except for the wording. While browsing through a book on heraldry recently, in the monsters section I came across the following description of the Enfield, which is featured in our badges. "The *enfield* is an extraordinary hybrid with a fox's head on a wolf's body and the forelegs and talons of an eagle".
[Editor's note: more information about the *enfield* beast is on our web site at <http://www.enfieldsociety.org/links.htm>]

Christmas cards. Several designs have now sold out but Trent Park and Forty Hall are still available at £1.50 for five cards and envelopes and packs of four assorted cards at £1. Very few packs of Gentleman's Row and the New River Loop are left.

Monica Smith

Future walks

Note: Train details are correct at press date but The Enfield Society cannot accept responsibility for last minute changes. Please always check: for National Rail train enquiries and times ring 08457 48 49 50; for London area tube, DLR and bus details, ring 020 7222 1234.

Reduced price train travel: GroupSave Cheap Day Return tickets allow 3 or 4 adults to travel together for the price of 2 adults on First Capital Connect, Silverlink, Chiltern or One Railway. Even for travel to the start of linear walks, GroupSave Day Return tickets are normally cheaper than buying a standard price single but you must travel as a group, not separately.

Wed 21 November

Meet **10.30am** at Green Park tube station for about 2.5 hour exploration of the Mayfair and St James's areas near Piccadilly in London's West End. *Leader:* Monica Smith

Sat 24 November

Meet **10.34am** at Welwyn North Station (by train either 10.11am from Finsbury Park or 10.21am from Potters Bar) for about 7 mile walk via a cluster of greens – not cabbages, but Harmer, Datchworth, Gover's and Bull's Green! Bring lunch or pub food available. By car: station is near Digswell about one mile east of A1M junction 6 or follow B1000 from Hertford. *Leader:* Brian Wragg

Wed 5 December

Meet **10.15am** at Palmers Green Station (10.09am train from Enfield Chase) for 2.5 hour linear walk via parks, woodland and the Pymmes Brook Trail with a choice of ending at either Cat Hill roundabout (for 307, 298 & 299 buses) or at Cockfosters Tube Station. Shorter options. *Leader:* Norman Coles

Sat 8 December

Meet **10.30am** at Platform 9, Kings Cross Mainline Station (9.59am train from Enfield Chase). With the planned start of Eurostar services from St Pancras, Roy is updating his linear "Tunnels – old and new" walk ending at Highbury & Islington Station. Shorter options. Bring lunch or food available at lunch stop in The Angel area. Details 8360 0282. *Leader:* Roy Nicholls

Wed 19 December

Meet **10.15am** at Oakwood Station for about 2.5 hour circular walk in early winter in Trent Park. *Leader:* Ken Cooper

Sat 29 December

From Christmas Lights to Northern Heights! Meet **10.30am** at Oxford Circus Station for linear walk from the West End via Regent's Park, Primrose Hill and

Hampstead Village (lunch stop) to Hampstead Heath. Walk will end at a convenient point for return to Enfield but also many options to leave en-route. Bring lunch or food available. *Leader:* Stuart Mills

Sat 12 January 2008

Meet **10.15am** at Alexandra Palace Station (9.59am train from Enfield Chase) for about 6 to 6.5 mile circular walk via the Palace grounds, open spaces, ancient woods and Highgate Village. Shorter options. Bring lunch or food available. *Leader:* Norman Coles

Wed 16 January

Meet **10.15am** at front door of Forty Hall Mansion for about 2.5 hour circular walk through the Forty Hall and Whitewebbs Estates. *Leaders:* Carol Cope & Kinu Ohki

Sat 26 January

Meet **10.30am** at Liverpool Street mainline station (at entrance to Platform 1) for a linear walk in which Roy will explore Spitalfields, Victoria Park and some lesser known parts of the East End, ending at Bow Road Station. Shorter options. Food available or bring lunch. Details: (020) 8360 0282. *Leader:* Roy Nicholls

Wed 30 January

Meet **10.15am** Winchmore Hill Station (10.09am train from Enfield Chase) for 2.5 hour linear walk ending at Oakwood Station. After a short tour past some of the older and historic village buildings around and near The Green itself, Brenda will explore the varied parks of Grovelands and Oakwood. Shorter options. *Leader:* Brenda Brown

Sat 9 February

Meet **10.30am** at The Ridgeway front entrance gates to Chase Farm Hospital for 8.5 mile linear walk through Enfield's countryside and Fir & Pond Wood nature reserve ending at New Cottage Farm, The Ridgeway. Return to Enfield by 313 bus. Walk can be left or joined at Northaw village lunch stop (if joining, meet group by 1.30pm). About 5.5 miles in morning and about 3 miles in afternoon. Pub food available or bring lunch. Details 8364 0300. *Leader:* Colin Adams

Wed 13 February

Meet **10.15am** at Essex Road Station (9.49am train from Enfield Chase) for 2.5 to 3 hour linear walk through attractive and historic parts of the Canonbury and Clerkenwell areas. Details 8366 0149. *Leader:* Ray Moss

Sat 23 February

Meet **11.00am** at Ickenham Station (10.18am or 10.28am Metropolitan Line trains from Baker Street) for 9 mile circular walk in Colne Valley Park via lakes, canal and woodland. Option to end at lunchtime after about 4 miles. Bring lunch or pub

food available. By car Ickenham is on the B466 just north of A40 at Hillingdon. *Leader:* Christine Fookes

Wed 27 February

Meet **10.45am** at Watton-at-Stone Station (10.21am train from Enfield Chase) for contrasting figure of eight walk which we hope will coincide with the snowdrop display in the estate grounds of Woodhall Park. Morning and afternoon sections about 3.5 to 4 miles each. Walk can be left or joined at the lunch stop in Watton (if joining, meet group by 1.30pm). Bring lunch or pub food available. *Leader:* Stuart Mills

Stuart Mills

Obituary: Janet Dunford



Footpath Group members were shocked and saddened to learn of the sudden death of Janet towards the end of September from cancer that had only been discovered earlier this year.

Born on 21st April 1942 in Salisbury, Janet was a clinical scientist by profession specialising in respiratory physiology, a Fellow of the Royal Society of Medicine, and for many years managed the North Middlesex Hospital Chest Clinic.

In company with Brian Frear, Janet was a member of All Saints Church, Edmonton. Together they were regular attendees on many Group walks and outings during the past 10 years or so and Janet helped Brian with the planning for some of the Society walks that he led over these years. She particularly enjoyed the longer walks and, more recently, our visits to village open gardens, and always with that sense of humour and lively conversation which was so characteristic of her.

Stuart Mills

Jubilee Hall meetings

Tuesday mornings 10 for 10.30 am

30th October

Octavia Hill, Founder of the National Trust by Pam Wright, with slides.

27th November

Namibia, land of contrasts by Anne Johnson, with slides.

18th December

Annual quiz, with Joyce James

29th January 2008

The joys of Spring by Jean Crew, with slides.

26th February

Three famous women by Christine Padwick.

Thursday evenings 7.30 for 8 pm

15th November

Discovering Enfield's historic buildings by Stephen Gilburt, with slides

December – no meeting

We now have a volunteer to arrange the evening meetings and these should restart in April 2008.

Any suggestions for speakers are welcome – please leave a message on the Jubilee Hall telephone: (020) 8363 9495.

New members

We warmly welcome the following new members:

Mr P. Ackroyd, Mrs R. Ball, Mr R. Bates, Mrs J. Bowden, Mr & Mrs J. Bracewell, Mrs B. Bull, Ms F. Caine, Mr P. Claxton, Mrs J. Craft, Mrs P. Crofts, Mr M. Cullum, Mr & Mrs P. Dale, Mrs M. Dixon, Mr & Mrs D. Flint, Mr & Mrs D. Girling, Mr & Mrs T. Guyatt, Mr J. Hallier, Dr N. Holmes, Mr & Mrs R. Hunter, Miss J. Ingham, Ms E. Laier, Mr D. Lewis, Dr N. Mehdi, Miss G. Morris, Miss C. Muskett, Mrs S. Newell, Mrs K. Petrides, Mr R. Pople, Dr T. Ridge, Mrs E. Scarff, Mr A. L. Smith, Mr & Mrs P. Smol, Miss R. Swanick, Mr & Mrs A. West, Ms C. M. Williams, Miss C. Williams, Mrs G. Yaz.

Pat Atkins

Obituary: Wally Woodfield

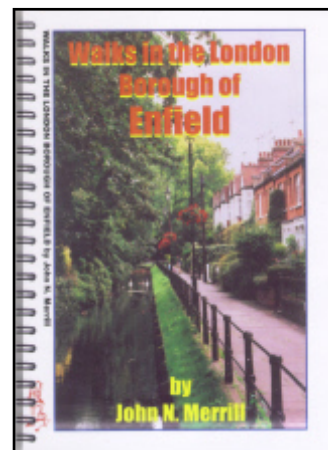


Wally Woodfield, second left, at a tree-planting ceremony in the 1980s with the Mayor, John Jackson. Irene Smith, EPS' Secretary, is second right.

It is sad to have to report the passing of yet another major contributor to the work of the Enfield Preservation Society. Wally Woodfield, Trees Group Leader for 12 years from 1977 to 1989, died on 28th August after a short illness at the age of 84. During his tenure he was responsible for an enormous amount of work – protecting threatened trees, managing the tree nursery, arranging tree plantings and compiling a comprehensive pictorial record of the effects of Enfield's Street Tree Replacement Programme in the 1980s. I realised this as a member of the Group, but even more so when I was given the task of sorting out the huge volume of paper work, records, correspondence, photographic albums etc. accumulated during his stint as leader. Wally was also one of the small team who carried out the major refurbishment works to Jubilee Hall after the EPS acquired it and, in keeping with his love of the countryside, was a valuable member of the Footpaths Group team that constructed the Jubilee Footpath from Hadley Road to The Ridgeway.

In 1990 he and his wife Mary moved to County Durham, where in no time he had become a Voluntary Countryside Ranger. Sadly Mary fell ill and he nursed her through her final illness. A big man physically and big hearted, the results of his dogged endeavours are to be seen all around us in our streets and open spaces to this day. We offer our sympathy to his second wife Jean.

Chris Jephcott



The walking enthusiast and marathon walker, John N. Merrill, has recently turned his attention to Enfield, and has produced this little book describing ten walks within the Borough, as well as combining some into a 25 mile circular challenge walk via Cockfosters, Pymmes Brook Trail to Pickett's Lock, the River Lee Navigation, Enfield Lock and the London Loop back to Cockfosters. If you certify that you have done this walk and send him £5, he will send you a badge and a certificate.

The book gives detailed walking instructions, with hand-drawn maps, black and white pictures and notes about things you may see on the way. There are a few errors and inconsistencies, such as references to "Holly Fields Park" and the "Queen and Horseshoe Inn" in River View, with advice not to stop while walking and the dangers of "gluttonous mud". If you accept these as the idiosyncrasies of a characterful walking companion this book will still give you ideas for several pleasant and interesting walks.

Walks in the London Borough of Enfield / by John N. Merrill. – Waltham Cross : The John Merrill Foundation, 2007. – 84 pages; 21cm. – ISBN 978-0-9556511-2-0 : £8.95 (wire spiral bound)

Leonard Will.

Photo: Enfield Gazette

President: Dr. C.J.A. Jephcott

Chairman: Colin Pointer

Hon. Secretary: [See "Situations vacant" column on page 1]

Hon. Treasurer: David James

Office: 2 Parsonage Lane, Enfield, Middlesex, EN2 0AJ.

Telephone: 020 8363 9495

When there is nobody in the office, messages left on the answering machine will be dealt with as promptly as possible.

Website: www.enfieldsociety.org.uk

Helplines:

For information on TES activities or to report matters you think need investigation or action, please phone the appropriate number below:

Architecture and Planning
020 8363 7707 (John Davies)

Conservation Areas, Listed Buildings, Green Belt
020 8360 5677 (Chris Jephcott)

Coach Outings
020 8360 8974 (Jim Deamer)

Footpaths and Walks
020 8367 5168 (Shirley Cotton)

Historic Buildings Group
020 8363 0031 (Stephen Gilburt)

Jubilee Hall Bookings
020 8360 3873 (Pat Keeble)

Membership
020 8886 3829 (Pat Atkins)

Press and publicity
020 8360 0804 (Peter Mackey)
020 8363 5732 (Bob Fowler)

Records and Research
020 8372 0092 (Leonard Will)

Trees
[Vacant]

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Path use appeals update

The Society's Autumn 2007 newsletter carried appeals for evidence of use of paths across farmland in Western Enfield and use of off-road paths avoiding Carbone Hill between Cuffley and Newgate Street Village. With such evidence it will hopefully be easier to create additional paths and access for the public.

We are pleased to report that the response has been encouraging but more evidence from other persons would strengthen both cases.

Western Enfield

If you have ever used the existing informal paths/routes across the farmland between The Ridgeway, Enfield Road and Trent Park, please ring Dave Cockle on 020 8366 2242.

Cuffley / Newgate Street Village

If you have used any off-road path/route to avoid Carbone Hill, please ring Hywell Morris direct on 01707 888 957.

Stuart Mills

Volunteers needed for Enfield Council Health Walks programme.

The Enfield Parks Outreach Team are looking for volunteer leaders for their Health Walks programme based upon Enfield's parks. The Health Walks initiative is a very worthwhile activity and there are plans for the local Mental Health Trust to also participate as improved physical health can lead to improvements in a person's mental health.

If you think you might be able to help and could spare a couple of hours per week on an occasional basis, please contact either the Parks Outreach Team on (020) 8449 2459 (email: Christina.lee@enfield.gov.uk) or Vicki Stewart at the Mental Health Trust on (020) 8245 9852 (email: vickistewart16@aol.com).

Stuart Mills

Heritage walks

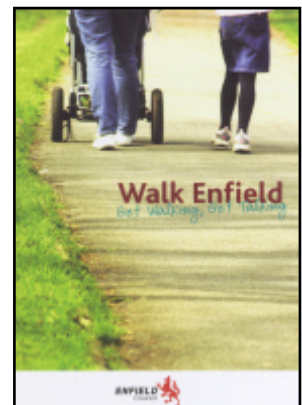
In our Summer newsletter, no. 166, we reported that instead of our annual *Walk round Enfield* we would arrange three guided walks from our recent publication, *Heritage walks in the London Borough of Enfield*, in June, July and August.

The three walks were reasonably well attended in spite of the weather. The Edmonton walk was completed on the wettest evening of the summer, whilst the Winchmore Hill walk was done on the hottest day of the year!

However, each walk was enjoyed by those who attended, as the guides took them to see the noteworthy buildings and gave interesting commentaries about these, also pointing out other places of interest during our travels.

My thanks to all who attended and especially to all the guides.

Sadie Isaksson



Walk Enfield

Enfield Council has recently produced *The Enfield walking directory*, encouraging people to walk more as "the perfect way to have fun and get fit". As well as general advice, it contains a list of 15 bodies that organise walks in and around Enfield, details of six maps and brochures that you can obtain for self-guided walks, and has some of the organisations' leaflets in a pocket inside the back cover.

The directory is available free from Enfield libraries or may be requested from the Council by telephoning (020) 8379 1000 or emailing getwalking@enfield.gov.uk.

Leonard Will